

## Michele Faia Classes & Workshops

### SYLLABUS

#### “MANDALAS HONORING THE DIVINE FEMININE”

#1: 6 Thursdays, May 9,—June 20; 1:00-3:30 PM (no Class June 6)

#2: 6 Thursdays, July 11—August 15. 1:00-3:30 PM

We will explore images of the Divine Feminine in our lives and in ancient goddesses and paint mandalas of our own feminine attributes. This can help balance both male and female energies within ourselves and on earth. Those attributes can include motherhood, nurturing, creativity, intuition, acceptance, compassion and unconditional love.

**Have fun, play, keep it simple and ask for help!**

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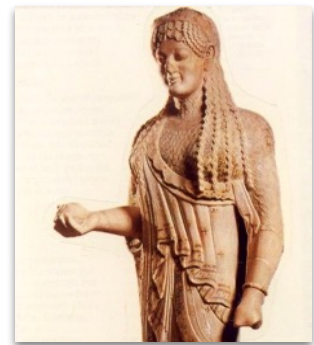
#### **CLASS #1: GRANDMOTHERS**

Create a mandala of gratitude honoring the GRANDMOTHER, you or yours, and the feminine attributes you have received from her.



#### **CLASS #2: MOTHERS**

Create a mandala of gratitude honoring the MOTHER, you or yours, and the feminine attributes you have received from her.



#### **CLASS #3: DAUGHTERS**

Create a mandala of gratitude honoring the DAUGHTER, you or yours, and the feminine attributes you have received from her.



#### **CLASS #4: MOTHER EARTH**

Create a mandala of gratitude honoring Mother Earth and the feminine attributes you have received from her.



#### **CLASS #5: MOON**

Create a mandala of gratitude honoring the MOON and the feminine attributes you have received from her.



#### **CLASS #6: DIVINE GODDESS or FLOWER**

Create a mandala of gratitude honoring either a DIVINE GODDESS or a FLOWER, or both, and the feminine attributes you have received from either.